

Sembrando Salud

Focus Age Group: 6-8th Grades

Number of Lessons:

12 lessons/ 60-90 minutes per lesson

Cost:

\$20.00 – cost of duplication

Meets the Following State Standards:

Information not available

Objectives of Curriculum:

This is a culturally sensitive tobacco and alcohol use prevention program specifically adapted for migrant Hispanic youth and their families. The program is designed to improve parent-child communication skills as a way of improving and maintaining healthy young decision-making. The program contains a school and family curriculum delivered by bilingual/bicultural college students. The sessions include: listening skills, communication skills, health effects of smoking and peer pressure, health effects of alcohol and decision making, social influences, refusal skills, media and adult influences.

Curriculum Contents:

- Curriculum
- Videos
- Available in Spanish and English

Contact Information:

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